

OCTOBER 2023

# COTE*Cares*

## MONTHLY NEWS

### THANK YOU FOR YOUR PARTICIPATION

We would like to take this time to say thank you to everyone at our Minnesota properties who have taken the time to complete our 2023 Employee Engagement Survey. We have extended the deadline to capture as much information from as many individuals as we can. Everyone's voice matters!

Not only are we excited to review and share these results but also to roll out the survey to our Arizona friends on October 16th.

With your input, Cote Family Companies will be able to know what is going well and areas to focus on. It will help leadership decide where time and energy is best spent moving forward. Each and every associate impacts change.

[COTEFAMILY.COM/COTECARES](https://cotefamily.com/cotecares)



### October 10th is World Mental Health Day.

With long hours, high-pressure environments, and customer service demands, hospitality workers may experience increased levels of stress, anxiety, and burnout, which can significantly impact their mental health.

CFC offers an employee assistance program available as a no-cost, confidential online tool for 24/7 support, resources, and information for anything from confidential emotional support, financial resources, legal guidance, or work-life solutions.

Call: 800-344-9752  
TRS: Dial 711

Online: [guidanceresources.com](https://guidanceresources.com)  
App: GuidanceNow  
Web ID: NYLGBS  
Company Name: Cote Family Companies Inc

## Benefit Me

### Annual Enrollment

Your once-a-year opportunity to select your benefits coverage for the next year starts mid-November. Make sure you stay informed and receive important benefits information. Log into ADP and make sure your contact information is updated ASAP.

## #CoteSnaps

Join the #CoteSnaps for a chance to win a prize!

It's the **Fall** season! Take any snapshot and be featured on the upcoming November Newsletter!

Send to:

[peopleservices@cotefamily.com](mailto:peopleservices@cotefamily.com)